The Man Who Mistook His Wife for a Hat.

By Oliver Sacks.

I found this book fascinating. Oliver Sacks is a Neurologist and writes about some of the people he has helped. At times I found it hard to believe. I found it incredible how the mind works.
Left for Dead. By Nick Ward

I read this book so quickly, I couldn’t put it down. Nick Ward is a sailor and he and others go on a long race. They hit a big storm and as the title says he is left for dead. I don’t have any interest in sailing but my Husband sails and recommended this book. I didn’t expect to like it at all. How wrong was I? This book really made me think. It stayed with me for a long time afterwards.

Against The Flow. By Dee Caffari.

This was another sailing book recommended by my Husband. I didn’t expect to stick with it at all. This book is written in such a way that I felt that I was in that boat sailing around the world with her. I felt all
of the emotions. The tears, the frustration, the fear of another storm and the pure joy of succeeding. Her achievement was incredible.

The Other Side Of The Coin. BY Angela Kelly.

Angela Kelly designs and dresses the Queen. This book was not only an interesting insight into how things work surrounding the Queen but also a lovely look into fashion and design. It revealed a side to the Queen that we don’t see. I found it really interesting.
These studies deal with the most extraordinary mental conditions, often arising from damage to the brain, from the title case where a man in full charge of his faculties is unable to identify the purpose of any object (thus his mistaking his wife for a hat) to individuals who, again otherwise wholly reasonable, will deny ownership of one of their limbs. A gifted music teacher suffering from visual agnosia had indeed mistaken his wife's hand for a hat, and provided the title of the book; a woman would learn to use her hands at the age of 60 and prove herself to be a gifted sculptor; a man had the problem of leaning like the Tower of Pisa without his knowledge and would.