N.E.H. Institute:

Literatures, Religions, and Arts of the Himalayan Region

Schedule of Lectures, Workshops, and Readings

Institute Schedule:

9:00-12:00 Morning Session
12-1:00 Lunch Break
1:00-4:00 Afternoon Session
4:30-9:00 Web Page Consultations (some days)

All Sessions in Room 404 of the Hogan Campus Center, unless otherwise noted

Institute Books:

Melvyn Goldstein, The Snow Lion and the Dragon (Berkeley: University of California Press, 1997).

Institute Reader [on the Institute MOODLE Site]
WEEK 1 of the Institute, July 5th—10th

Sunday July 5th

Afternoon check-in for participants

Monday 6th

Morning Program: Profs. Lewis and Van der Kuijp
Practical Orientation and Overview of the Curriculum
Orientalism and the Study of Asia, Asian Religions, and the Himalayas
Geology and the Physical Geography of the Regions; Frontier Zone Theory
Required Readings:
Zurick, Illustrated Atlas of the Himalaya, 1-66
Lewis and Riccardi, The Himalayas: A Syllabus ..., 5-40, Part II
Further Reading:
Martin Brauen, Dreamworld Tibet: Western Illusions (Weatherhill, 2004).
Peter Bishop, The Myth of Shangri-La (Berkeley: Univ. of California Press, 1989)

Afternoon Program: Expert Presentation, Profs. Lewis and Van der Kuijp
Central Place & Trade Theory; Culture Regions: Kashmir, Nepal, Tibet
Required Readings:
Lewis and Riccardi, The Himalayas: A Syllabus ..., Part III

Evening 5-7 PM

Welcoming New England Clambake Dinner
Hosted by Holy Cross President and Dean, North Side of Hogan Center

Tuesday 7th

Morning Program: Expert Presentation, Prof. Van der Kuijp
Languages and Writing Systems of the Himalayan Region
Required Readings:
Lewis and Riccardi, The Himalayas: A Syllabus ..., Part III

Afternoon Program
Curriculum Workshops with Dorothy Verheyen/Maureen Stephens:
“Institute Teacher Implementation Plans”; “Geography of the Himalayan Region”

Wednesday 8th

Morning Program: Expert Presentation, Prof. Lewis
Hinduism: Overview of Core Doctrines and Practices
Required Reading:
Lewis and Riccardi, The Himalayas: A Syllabus..., 41-43
Further Readings:
Diana Eck, Darshan: Seeing the Divine in India, 2nd ed.

Afternoon Program
1-2 PM: Library Orientation
2-4 PM: Films on Hinduism with Discussion
“Village of the Himalayas: Pilgrimage to Deoprayag”; “Wages of Action”
Thursday 9th

Morning Program: Expert Instruction, Mary Morrisard-Larkin
Scalia Lab, 2nd Floor Dinand Library
**Plenary Web Page Creation and Design Workshop**

Afternoon Program: Expert Presentation, Prof. Lewis
**Buddhism: Overview of the Buddha's Life, Basic Doctrines, and Practices**

Required Readings:

Evening Program: Brooks Concert Hall, 7-8:30 PM
**Concert: “Himalayan Rhapsodies”**

Friday 10th

Morning Program: 
**Free Time**

Afternoon Program 1-3 PM Paula Newburg, University of Texas
**Political Developments in the NW Himalayas: Pakistan and Afghanistan**

Required Readings:

Afternoon Program 3:15-5 Prof. Nirmal Tuladhar, Social Science Bahal, Kathmandu
**Kites and Kite Flying in the Himalayas**
## WEEK 2 of the Institute, July 13th—17th

### Monday, 13th

**Morning:** Expert Presentation, Prof. Michael Witzel, Harvard University  
Ancient Kashmir & Nepal: History of the Himalayan Centers up to 1200 CE  
**Required Readings:**  
Lewis and Riccardi, *The Himalayas: A Syllabus…*, 49-92  
□ Excerpts from the *Rajatarangini* of Kalhana and the *Gopalarajamshavali*

**Afternoon Program:** Expert Presentation, Prof. van der Kuijp  
Ancient Tibet: Cultural and Political History up to 1100 CE; Bön  
**Required Readings:**  
Matthew Kapstein, *The Tibetans*, 27-83

### Tuesday, 14th

**Morning Program:** Expert Presentation, Prof. Lewis  
Buddhist Literature: Story Narratives[a]  
Mahayana Buddhism and its Himalayan Traditions[b]  
**Required Readings:**  
□ Readings from the Jatakas, in Translations from Nepal and Tibet  
□ Mark Blum, “Mahayana Buddhism” *Buddhism: The Illustrated Guide* 221-235.  
**Further Readings:**  

**Afternoon Program:** Expert Presentation: Prof. Van der Kuijp  
Medieval Tibet: History up to 1600 CE; Bön Tradition  
**Required Reading:**  
Matthew Kapstein, *The Tibetans*, 84-139  
**Further Readings:**  

### Wednesday, 15th

**Morning Program:** Expert Presentation: Prof. Van der Kuijp  
The History of Tibet through the Early Modern Period  
**Required Readings:**  
Melvyn Goldstein, *The Snow Lion and the Dragon*  
Matthew Kapstein, *The Tibetans*, 155-174; 269-300  
**Further Readings:**  
Afternoon Program [1-2:30]             Expert Presentation, Prof. Lewis

State Formation in the Himalayas; Colonialism
Required Readings:
Further Readings:

6:30-10:30 PM Program: Film/Discussion with Prof. Mat Schmalz, Holy Cross
Indian Feature Film: "Lagaan"

Thursday 16th
Morning Program:     Expert Presentation, Prof. Jinah Kim, Harvard University
Buddhist Art; Art of Gandhara and Afghanistan
Required Readings:

Afternoon Program:     Discussion with Prof. Lewis and Prof. van der Kuijp
2-4 PM: Worcester Art Museum

Friday 17th
Morning Program:     Expert Presentation, Prof. Kurtis Schaeffer, University of Virginia
Tibetan Buddhist Literatures
Required Readings:
Matthew Kapstein, *The Tibetans*,

Afternoon Program: Prof. Dina Bangdel, Virginia Commonwealth University
Art and Architecture of the Himalayan Region: Kashmir; Kulu; Nepal; Tibet
Required Readings:
Further Readings:
Week 3 of the Institute, July 20th—July 24th

Monday 20th

Excursion to the Rubin Museum for Tibetan Art and Karmapa Monastery
Museum Program hosted by Curators and Educators of the Museums
Departure from the College at 6:45 AM; return by 9 PM
[Popular Tibetan and Nepali Movies to be shown on the road trip]

Tuesday 21st

Morning: Expert Presentation, Prof. Caner Dagli
Islam Overview I: Muhammad, Core Beliefs, Five Pillars
Required Reading:

Afternoon Program: Lauran Hartley, Columbia University
Modern Tibetan Literature in Translation
Required Readings:
☐ Selections from Song of the Snow Lion
☐ Steven Venturo, “Where is Tibet in World Literature” World Literature Today
Further Reading

Wednesday 22nd

Morning Program: Expert Presentation, Prof. Charles Ramble Oxford University
Practices of Tibetan Buddhism; Traditions of the Tibetan Frontier Peoples
Required Readings:
Further Readings:

Afternoon Program: Expert Presentation, Dr. Anne de Sales, Centre National de Shamanism in the Himalayas la Recherché Scientifique
Required Readings:
Further Readings:
Thursday 23rd

Morning Program: Expert Presentation, Prof. Lewis
Buddhism and Hinduism in the Kathmandu Valley
Required Readings:
Todd Lewis, *Popular Buddhist Texts from Nepal: Narratives and Rituals…*

Afternoon Program: Expert Presentation, Naomi Bishop, Univ. of California
Buddhism among Tibeto-Burman Peoples
Video: "Himalayan Herders"
Required Readings:

Friday 24th

Morning Program: Expert Presentation, Sienna Craig, Dartmouth University
Tibetan Buddhism in Practice: Medicine and Healing
Core Readings:
Matthew Kapstein, *The Tibetans,* 244-268

Afternoon Program: Expert Presentation, Naresh Bajracarya, Tribhuvan Univ.
Newar Buddhist Mahayana Ritualism and the Mandala
Required Reading:
Naresh Bajracarya, “The Guru-mandala-Arcana”

5-7 PM Early Evening Program, Campus Green: Newar Feast
Workshop: A Newar Buddhist Feast and Making Nepalese Feast Foods
WEEK 4 of the Institute, July 27th—July 31st

Monday July 27th
Morning Program: Expert Presentation, Manjushree Thapa, Kathmandu
Nepali Literature: Its Emergence in the Modern Era
Required Reading:

Afternoon Program: Expert Presentation: Prof. Dagli
Islam II: Ritual Practices and Muslim Traditions of South Asia
Required Reading:

Tuesday July 28th
Morning Program: Expert Presentation: Peter Burleigh, Carter Center
Nepal and the Indian Himalayas in Transition
Required Readings: Both are available at: www.icg.org
“Nepal: from People Power to Peace?” (Asia Report #115, 10 May 2006)

Afternoon Program
Free Time

Wednesday July 29th
Morning: Expert Presentation Prof. David Smith, University of Minnesota
Contemporary Human Ecology: Tigers and Humans
Required Readings:
Zurick, Illustrated Atlas of the Himalaya, 9-98

Afternoon Program I: Expert Presentation by Dr. Narayan Kaji Shrestha
Community Forestry, Women’s Empowerment, Contemporary Movements
Required Readings:
Zurick, Illustrated Atlas of the Himalaya, 99-142
Kaji Shrestha, “Community Forestry in Crisis: Where do we go from here?”

Thursday July 30th
Morning I: [9-10:30] Expert Presentation: Mat Schmaltz, Holy Cross
Christian Missionaries in Asia and the Himalayas
Required Readings:

Morning II: [10:45-12:15] Expert Presentation: Keiko Yamanaka, Univ. of California-Berkeley
A Dalit Sadhu in the Garhwal Himalayas

Afternoon Program
Free Time

6-8 PM Evening Program: Farewell Dinner
Workshop on Making Tibetan Foods in Hogan Kitchen, 3rd Floor
Friday  Morning and Afternoon:  
July 31st  
**Presentations of Teacher Implementation Plans**

Friday  
Check-out from Campus Apartments

August 1
Vikramāśīla was already seeking out contact with Tibet and other Himalayan regions during its peak period in the second half of the tenth century, the most notable example being in the person of Atiśa Dīpaṃkaraśrī (982–1054), another one of its heads to reach Tibet. In his case it was the family of the early kings of Guge Purang who issued the invitation, the monk-scholar from present-day Bengal arriving at their royal court in the year 1042. Among Tibetan Texts: History and Literature of the Himalayan Plateau. Boston, 2001. These famous essays cover Buddhist texts representing all lineages, histories, and biographical and literary arts among them studies on the diaries of the Eighth Si tu and on secular arts and sciences as presented by Bo dong Pa’chen. Vitali, Roberto.